



**SKILLS**  
SOCIETY



# ABI Program

Supports for Community Living Services (SCLS)

# What is the SCLS Program for Survivors of Acquired Brain Injury?



## **Independent Living**

We support survivors of brain injury with living independently, and whatever that may require



## **Provide 1 on 1 support to achieve personal goals**

SCLS workers work with participants to develop and pursue goals that are realistic and meaningful



## **Provide a wide array of support**

Skill sets include rehabilitation, accessing resources, relationship building, and community connections

Person-centered support is at the heart of what we do

# What We Can Offer



## Cognitive Skills Training

We are able to assist survivors through a variety of methods that can target and aid the function of key cognitive abilities which may have been impaired. These methods allow us to provide assistance and support with memory retention and recall, vigilance and attention, and the ability to solve complex problems and make rational decision.





# What We Can Offer



## Develop Daily Living Skills

For example:

- Meal Planning
- Household Tasks
- Time Management
- Money Management
- Transit Training



# What We Can Offer



## Build Lifestyle Changes

We can explore strategies to improve communication, social connections, coping strategies, nutrition, and exercise.



# What We Can Offer



## Prepare for Work, Volunteering, or School

We are able to provide assistance in identifying your interests, helping complete applications, and offer guidance for vocational skill development.





# What We Can Offer



## Connect to Community Resources

We can work together to find access to transportation, recreation, events, and other local services.



# SCLS Program Eligibility

- Demographic

Applicants must be over 18. They must have an Acquired Brain Injury (ABI) that comes some form of permanent impairment. We are not able to accommodate individuals with degenerative illnesses (i.e. dementia), as we our goal is to set survivors up for long-term success

- Documentation

Applicants must provide documentation of a brain injury to be eligible. For self-referrals, we can support the applicant in collecting this information.

- Funding

Applicants who already receive PDD funding do not qualify.

- Goals

Applicants must have concrete and attainable goals. They must have the potential to reach these goals within 2 years.

- Independence

Applicants must have a desire and capacity to live independently (outside of an assisted living facility). Participants must not have severe mental health or substance abuse problems such that they would be unable to fully engage with the program.

- Engagement

Applicants must be motivated and willing to engage with this program. They must have goals that they feel genuinely connected to.





# What to Expect from Your SCLS Worker



Up to 2 years of support

Participants can receive support for up to 2 years if they are working towards goals



Connections to resources

Workers connect participants to helpful resources in the community



Weekly meetings

Meetings typically last 30 minutes to 2 hours and occur 1-2 times per week



Collaboration

Workers collaborate with participants to achieve their goals



# What Not to Expect from Your SCLS Worker

- No crisis management support  
We are not available for emergencies outside of work hours
- No direct money handling  
We do not store, transfer, or borrow money
- No household tasks performed  
We do not clean, cook, or run errands
- No personal care assistance  
We do not help with bathing, medications, etc.
- No counseling services provided  
We are not qualified mental health professionals



# What Your SCLS Worker Expects from You



## Respect

We do not tolerate any physical or verbal abuse



## Notify of Risks/Hazards

Let the worker know of any health issues, hazards at home or in the community, or other safety issues



## Effort and collaboration

Willingness to put in effort to achieve goals.



## Honest Communication


We cannot help effectively unless we understand what is happening





You've heard from us.

we want to hear  
from **you.**

 780-801-3238

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Reach out and we can provide our referral form. We can also provide assistance with filling out the form and in requesting any necessary documents.



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